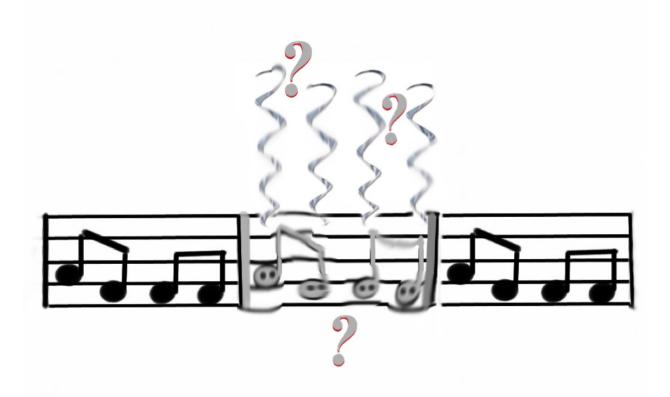
As you perform music at a recital, in a concert or for your friends and family, you may be horrifed to think that you might make a mistake, hit a wrong note or embarrass yourself in front of an audience. But you can learn to stop fearing wrong notes because they can be helpful, even fun! Wrong Notes will help you find ways to relax and enjoy being in the moment. Here it is...

"What if I forget a part, what do I do?"



Don't dwell on what went wrong. Instead, focus on what to do next.

~William Westney (b. 1947) American author, music teacher