

Alice Cotton is the dedicated student of her mother, the highly creative author, actress, Anna Filameno. With Anna's help, she learned how to tap into the creative space that is known by many as

The Zone

An altered state of consciousness

The Flow

A flash of insight

Intuition

Inspiration

The Groove

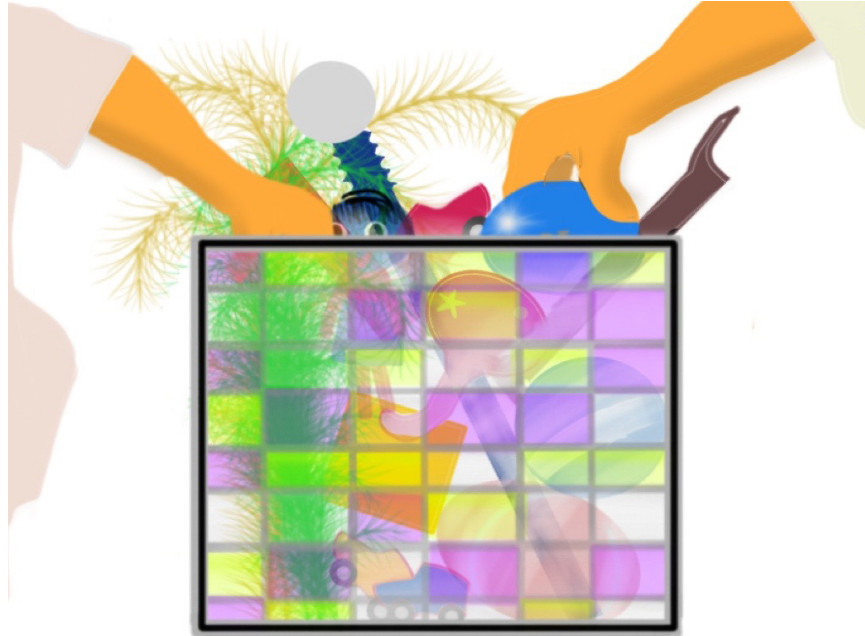
Illumination

Fluid Intelligence

The Source

These are the places where
~fantasy lives and children play,
~the human mind can linger within the sound of leaves brushing
against the wind,
~wisdom and joy suddenly appear in the middle of a monstrous
storm,
~surprise and inspiration join hands in their escape from
indifference.

*“I led him down each secret path,
Showing him the hiding-place of all my treasures.
I let him play with them, every one.
I put my singing thoughts in a little silver cage
And gave them to him to keep...”*



*~ Katherine Mansfield
(1888 – 1923)*

*New Zealand author and poet who began writing at age 19 under the pen name of
Katherine Mansfield.*